

Virus chart

Index sex act chart to assess possible risk: risk is present only if your partner is infected.

Complications from some viruses can be fatal. If diagnosed, do not delay treatment.

Virus	Symptoms	Time to show	Test type	Treatment
Hep A	Jaundice, dark pee, nausea, diarrhea, abdominal pain, appetite loss, fever, fatigue	2 weeks to 2 months	Blood	Resolves with rest and no drugs or alcohol.
Hep B	Same as Hep A, with addition of arthritis	6 weeks to 6 months	Blood	Acute: resolves. Chronic: treated with alpha interferon
Hep C	80% of cases do not present; or symptoms same as A & B	2 weeks to 6 months; average time is around 45 days	Blood	Same as B.
Herpes	Small blisters on genitals, can include buttocks & thighs. Painful itchy rash, painful urination, general flu-like symptoms, swollen lymph glands in groin.	Up to 2 weeks after exposure.	Blood (does not distinguish oral or genital herpes) or swabs of sores.	Maintenance with drugs: typically Valtrex or Famvir.
HIV (/ AIDS)	Weakened immune system; opportunistic infections such as pneumonia, certain cancers, systemic yeast infections	2 weeks to 6 months; most develop antibodies after 3 months	Blood or oral	Maintenance with drugs but no cure; antiviral therapies.
HPV ("warts")	Little warts or bumpy cauliflower growths on genitals, can include thighs, buttocks. In women it can manifest as abnormal cell changes (seen on cervical pap).	Big variation, often asymptomatic	Visual inspection, application of vinegar, in women	Warts removed by freezing, burning, lasering, cutting.

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